

To learn more about how Reiki is being used in medicine you can check out the following websites and articles:

- <http://www.centerforreikiresearch.org/>
- <http://www.reikiken.com/uk-hospitals-who-use-reiki>
- <http://www.reikiforallcreatures.com/about-reiki-hospitals.aspx>
- <http://reikiinmedicine.org/clinical-practice/reiki-healing-child-cancer/>
- <http://reikiinmedicine.org/medical-papers/>
- <http://www.reikimedresearch.org/>

Reiki can help anyone, of any age in any state of health and it is safe to use alongside your conventional medical care. We invite you find the right practitioner for you and experience the many benefits of Reiki in your life. Qualified practitioners and master teachers are registered with the Barbados Reiki Association and listed on our website. It is important to note that Reiki in any form does not take the place of medical care. It is recommended you contact a licensed physician or licensed health care professional for any physical or psychological ailment that you may be having.

Barbados Reiki Association

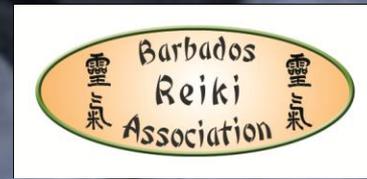
P. O. Box 699, Bridgetown, Barbados

Website: www.barbadosreikiassociation.com

Email Address: barbadosreiki@hotmail.com

Facebook: <http://www.facebook.com/BarbadosReiki>

YouTube: <http://www.youtube.com/BarbadosReiki>



**Using
Reiki Therapy to
Complement
Conventional
Medical
Treatment**

Did you know that Reiki treatments are offered in several hospitals in the USA including prestigious Ivy League university hospitals, such as John Hopkins Hospital, Harvard Cancer Center and Yale-New Haven Hospital? For free in major hospitals throughout the UK on the National Health Service; and in hospices? That Reiki is used in hospitals in the Far East in countries like Australia, New Zealand and Malaysia?

Reiki treatment is a holistic hands-on healing practice which works by bringing a person's system to balance on physical, mental, emotional and spiritual levels. Balance is the state of optimal well-being and failure to maintain balance has been medically proven to have a negative impact on health. Reiki treatment helps everyone to feel better because it allows your body's own self-healing to assist. Reiki is not a religion and its effectiveness does not depend on one's belief system.

Reiki treatments are adaptable to any environment and can be done anywhere – in a treatment centre, at home, in hospitals, in emergency rooms and even in surgery. Reiki can be integrated in to the conventional medical system in several ways:

- Doctors can recommend Reiki treatments for patients or refer them to a practitioner
- Reiki practitioners (both medical and non-medical) can give treatments in medical settings during standard procedures or as individual one-to-one sessions.
- Hospital or institutional based training programmes for staff, patients, their relatives and care-givers

You should note that Reiki practitioners do not diagnose conditions nor do they prescribe or perform medical treatment, prescribe substances, nor interfere with the treatment of a licensed medical professional.

Patient Benefits

- Rapid relief from pain and anxiety
- Improved quality of life during long-term or invasive courses of treatment e.g. chemotherapy, radiation, HIV/AIDS
- Balance side effects from medication
- Reduced stress levels and mood enhancement
- Accelerated surgical recovery and rehabilitation
- Improved immune system
- Reiki has no known contraindications and is non-invasive

Care Giver/Staff Benefits

- Relief of stress in the work place and at home
- Refreshment from draining work environment so can function optimally
- Improved immune system

Some Conditions Reiki Healing Has Improved

- Anxiety and stress
- Blood pressure
- Cancer
- Depression
- Digestion disorders
- Drug and alcohol addiction programmes
- Heart and circulatory conditions
- HIV/AIDS
- Insomnia
- Pain and trauma
- Sickle cell anaemia

Some Medical Uses of Reiki

- Accident and Emergency (major and minor)
- Children with special needs
- Dental and ophthalmic procedures
- Elderly medicine services
- Gynaecological and Maternity care
- Pre- and post- operative and procedural stress
- Support groups for patients and care providers